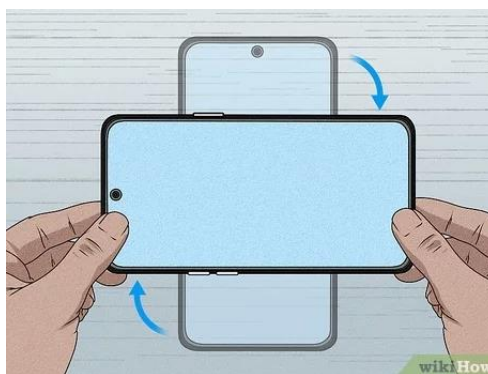


My Learning Why

Video recording tips

Here are a few tips and tricks to help with capturing the stories of your learners well:

- **Landscape mode:** Try to consistently record all of them on “landscape mode” (see image below). This will help with consistency in the way videos are presented and also make it easier to edit together at a later date.



- **Audio quality:** As much as practicable, try to record the video of your learner in a quiet space (especially if you don't have access to a specialised mic) with minimal background noise. Also, placing the smartphone as close as possible to the learner, will help improve the audio quality of the video recording.
- **Stable footage:** If possible place your smartphone in a small tripod (see image below). They are relatively inexpensive and help with minimising “blurry” or “shaky” video recordings.



- **Good Lighting:** Ensure the learner is well-lit. Natural light is usually the best option, so consider recording near windows. If shooting indoors, use additional lighting (e.g. lamps).
- **Clean Lens:** Keep your smartphone's camera lens clean and free from fingerprints or smudges to ensure clear, sharp footage.

- **Proper Framing:** Pay attention to composition and framing. Keep the main subject either centred or off-centre depending on what you'd like to include in the shot. Pay attention to what is in the background behind the subject as well. There is usually a setting in your smartphone's camera app that allows for you to turn on a "grid" which you can use to help with composition and framing (see image below):



- **Avoid Digital Zoom:** Instead of using digital zoom, physically move closer to your subject to maintain image quality. Digital zoom can often result in pixelated and blurry footage.
- **High Resolution:** Recording using a 1080p or "full HD" (if available on your smartphone) or 720p resolution will ensure better quality footage, especially when editing or viewing on larger screens.
- **Adjust Settings:** Explore your smartphone's camera settings and adjust them according to the environment. For example, adjust exposure, white balance, and focus manually if your phone allows it.