

Te Aroha Noa

*Unconditional Love
with no
strings attached*

A Learning Community

The Beginning

1989 – Counselling service established in Highbury by Palmerston North Central Baptist Church

1992 – Playgroup begins

2003 – Licensed early childhood centre opened

2011 – New buildings purchased for a playgroup and adult education



TANCS

- Early Childhood Centre
- HIPPY — Home Interaction Programme for Parents and Youngsters
- SKIP — Strategies with Kids, Information for Parents
- Counselling service
- Family/Whānau development
- Adult Education Centre
- Research
- Men's Work
- Community Development

The Model



- Te Aroha Noa is a Community Service, so every branch is linked to support each other
- All members of the community are encouraged to actively participate, not only in their own personal development, but the development of their community

(www.tearohanoa.org.nz)

Working Together



- There are many doors into Te Aroha Noa – each helps establish a **community of learners**.

Playing Together



AKO

ako (ākona) (verb) (-hia,-na,-ngia,-tia) to learn, study, instruct, teach, advise.

(www.maoridictionary.co.nz)

“Te Aroha Noa Community Services values and provides a learning community which supports all who participate to discover their learning potential and to be confident in who they are.”

We use a strength based approach to encourage people to build on their existing abilities.

Christian foundation

- *God inspired.....Mana enhancing.....Self knowledge*
- Our kaupapa is founded on Christian principles and a strength based approach which invites all who participate to grow in confidence and discover who they are.
- The Central Baptist Church in Palmerston North was the first to see a need to provide a community service organisation in Highbury.
- The name 'Te Aroha Noa' was gifted to the service by marae church base.

(www.tearohanoa.org.nz)

Multi-cultural

Mana Māori

- Our place empowers us to embrace and celebrate all that is Māori.
 - Woven through the whole community
 - Language, traditions, whole environment
 - Whanau included in all aspects
 - Another aspect of learning for all

Pakeha and others

**Indian,
Cook Island
Pacific Peoples
English
Italian
German
Scandinavian
American
Australian**



Early Childhood Education Centre



The Early Childhood Centre was built on a foundation of parent engagement... All personnel have the title educator... It recognises that each adult brings their own expertise.

(Munford, Sanders, Maden & Maden, 2007, p.79).

ECE Centre

Pathways to learning....Being involved....Holistic care

Together we have created a nurturing environment, offering support and education and care for families.

Parents can learn alongside their children, discover and pursue their own learning pathways.

(www.tearohanao.org.nz)



HIPPY

Home Interaction Programme for Parents & Youngsters.

Specially designed activities and shared story experiences.

Unity and strengthening of parent/child relationships, through the power of language.

Catering for 3 ½ - 4 ½ year olds.

Confirming that HIPPY children are well prepared for school.

Encouragement and fun.

Support from other parents and tutors.

Success begins at home.

- Mission Statement • Key Concepts • Journey of Discovery
- HIPPY's Aims • Cost •

KIDS' Life - Learning In a Fun Environment

A homework programme that teaches parents how to work and interact with their children. Instigated by parents to meet their needs.





- Designed to promote proactive parenting of children 0 to 5 years old.
- SKIP's vision reflects the objectives of Te Aroha Noa (www.tearohanoa.org.nz)
- Every new initiative is birthed out of a desire to address an area of concern and is driven by the people, for the people.
(Te Aroha Noa Community Services Trust)
- How does S.K.I.P work?

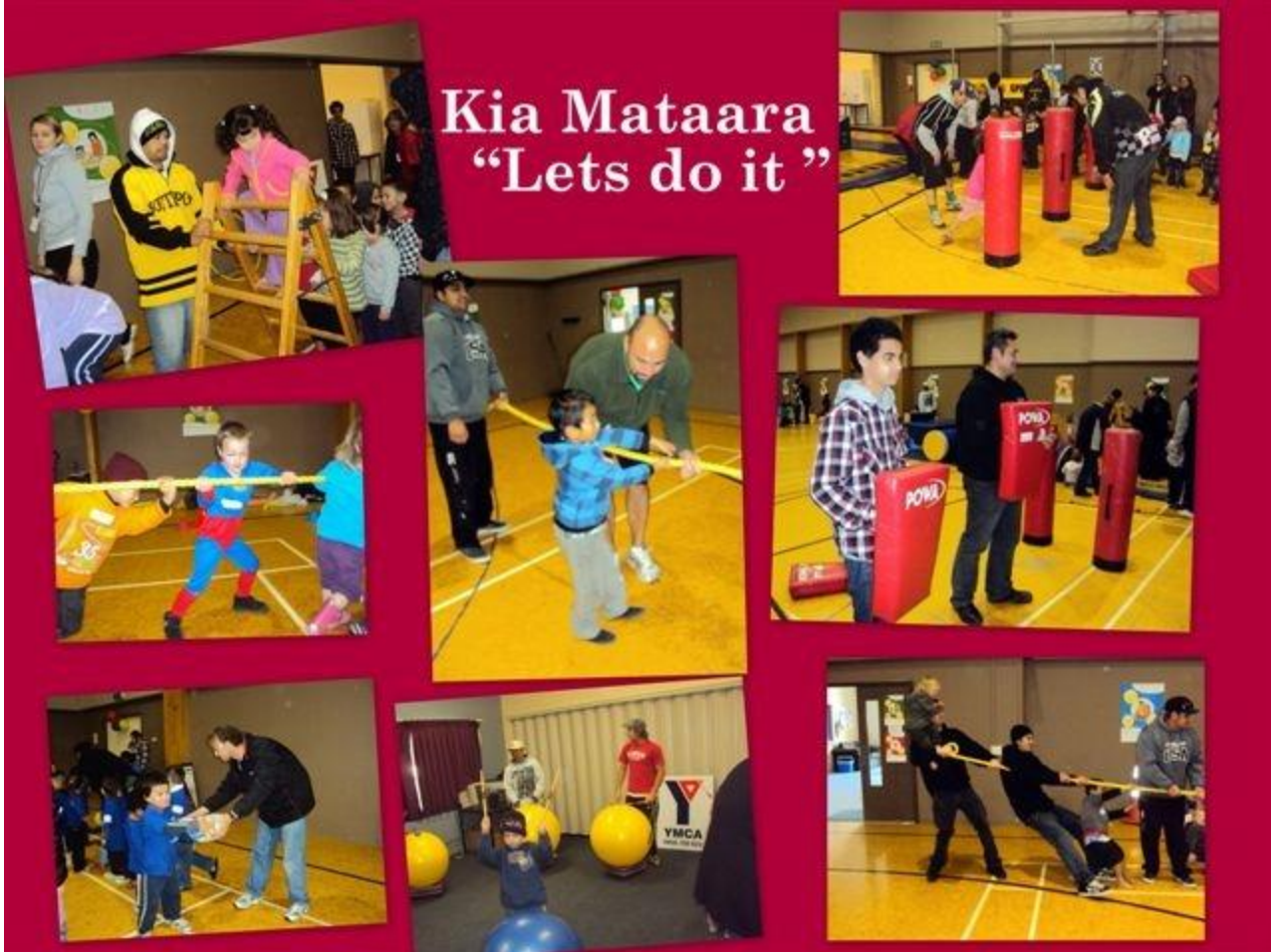
Te Aroha Noa
Family Camp 2011



Te Aroha Noa Celebrate Highbury 2010



Skip Day for Dads



Counselling Service

- Families – couples – individuals – children – supervision – group therapy
- Some cost involved – depends on circumstances – can help with subsidies or referrals to organisations that will fund client
- Therapeutic Groups – Anxiety Support, Latte, Film Evenings, Online Support, Anger Management, Parenting Through Separation
- MAIN, Strengthening Families, Court Counselling, ACC, The Attachment Group

Mothers' and Babies' Group

In partnership with Barnardos, several groups have been run at Te Aroha Noa. This is attachment work for mothers and babies who have experienced family violence and trauma.

Results have shown huge differences in relationships.



Whaanau Development

Whānau Development is about working alongside whānau to create change

(www.tearohanoa.org.nz)



Whānau come to us because they want something different but are unsure how to make this happen

We work in a strengths based or mana enhancing way

The Family Whanau Team

Our social work team specialises in working with families in an inclusive way.



The Gathering Space

*Valuing
learning....Creative
learning
Spaces.....Celebrating
with all people*

We have created an inclusive environment with high learning expectations and a programme that responds to the enquiring minds of all people, young and old.

(www.tearohanoa.org.nz)



Men's Work/ Community Development

- Development of Farnham Park
- Brazillian Jiu Jitsu Class
- Whanaucation
- Super Maori Fellas



Adult Education (Te Whare Manaaki)



“Adult programmes are designed around the learner to encourage success, confidence and competency” (Te Aroha Noa).

- Te Aroha Noa is based on supporting adults from the community with their learning.
- Learning opportunities are set up in response to both individuals and group needs.
- Adults are encouraged to continue education and further studies
- Improve life choices and chances
- Improve self confidence and self esteem.

(www.tearohanao.org.nz)

Adult Education (Te Whare Manaaki)



“With Te Wananga o Aotearoa just over the fence, and UCOL just down the road, the centre has a clear ‘niche’ in the city’s adult learning environment as a first steps adult learning community”

Programmes offered

- Fitness and physical well-being
- Personal development and self esteem
- Sculpture in Oamaru Stone
- CV Writing
- Up-skilling Writing or Maths
- Introduction to Computers
- Aerobics
- Guitar and singing
- Te Reo Maori
- Cooking on a budget



Adult Education (Te Whare Manaaki)

“A lot of things (programmes)
that start here are through
conversation”
(learner interview)

“You have a goal, and they
do all they can to help you
achieve it”
(learner interview)

“I would never have thought
to try it, without their support”
(learner interview)



Equine Studies

Learning starts with the learner's previous knowledge and interests.



Puumanawa Certificate

- Unit Standard based
- Three learning strands, computing, early childhood education, and building and construction
- Literacy and Numeracy
- Health and wellness, assertiveness
- Community driven

Computers



ECE Centre

Te Aroha Noa has developed a 'parent educator' system where parents are trained in areas such as observing and interacting with children. The parents are a big part of the team at Te Aroha Noa. They work at the centre part time in a paid role.

This will now be recognised with Unit Standards at Level 3 in preparation for tertiary study.



Research

- Teaching programmes make significant contributions to academic and service development (Massey University and the Bethlehem Tertiary Institute).
- Strong partnerships have developed between Te Aroha Noa and Professor Robyn Munford and Dr Jackie Sanders of the School of Health and Sciences in Palmerston North.
- Stories of Te Aroha Noa and the community are kept by our researcher.

A Poem presented by a grateful learner

Thanks

*All my life I kept my dreams
Tucked somewhere deep inside;
Till one by one you pulled them out
With nothing left to hide.
You pointed to my deepest dreams
You told me I should try
Then gently told me I had wings
And showed me how to fly.
Then somehow you reached in my heart
Made words flow like a stream
With loving inspiration
You became part of the dream
I never would have dreamed my dreams
They never would have come true
Those dreams would not be realised
If God had not sent you*

(www.tearohanoa.org.nz)

The Future



References

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